

15 Food Idioms



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Food Idioms

Hello everybody! This is Laurel Archer with American English Q and A Video Series - Question Seven. So today we're talking about idioms again, since it's summer and we like to take it easy in the summer.



And we're talking about food idioms today because everybody likes to eat, especially in the summer when we have barbecues and picnics on holidays like July 4th, and I know the French just had Bastille Day, and maybe they ate a lot at their celebration. Maybe you have a special summer holiday and you eat a lot of delicious food there.

Food Idioms

And I don't know about your language, but in American English, a lot of times we'll use food names to make our language more colorful, to make things more interesting. So you don't have to be always talking with the same simple words. You actually can use some idioms to make it more interesting. So today we're going to talk about 15 food idioms and definitions.

But instead of just giving you definitions, I want to give you a paragraph with the idioms in them. So let's try it this way ... I'm going to give you each idiom and definition first, and then I'm going to read the paragraph, and I want to see how many of these make sense to you when you hear the paragraph ... so get ready to see these 15 Food Idioms starting on the next page with a picture for each... :)

Food Idioms

So let's get started...what is a “piece of cake”? It's something easy to do - something that you know how to do easily. You've done it a million times.



Number 2 - “Bite off more than you can chew” - take on more than you could possibly do at one time. You might need to spread it out a little bit.



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Number 3 - “Two peas in a pod”. What is this? Two people who are alike or like the same things.



Number 4 - “Spill the beans”. What does it mean to spill the beans? To tell a secret!



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Number 5 - “In a nutshell”, in a nutshell, this happened. Short summary of a longer story or idea.



Number 6 - “Go bananas”... Go crazy or do a lot at one time!



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Number 7 - “Compare apples to oranges”. What is this? Compare things that shouldn't be compared or aren't the same.



Number 8 - “Cool as a cucumber”. Maybe at work, or with your friends, you're as cool as a cucumber, you're calm under pressure.



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Number 9 - “Couch potato”. This is at the end of the day when you are relaxed and lazy, watching a TV show or something.



Number 10 - “Cup of tea” is your interest or your comfort zone. You like doing it. It's your cup of tea.

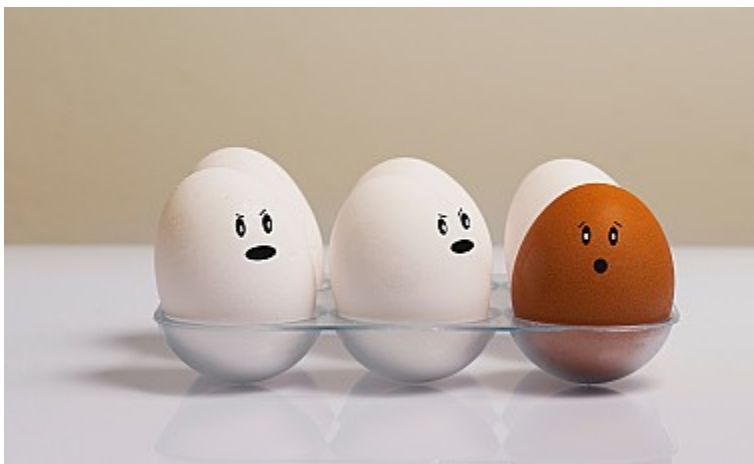


Food Idioms

Number 11 - “You can't have your cake and eat it too”. You can have it now, or you can have it later. You can't have it at both times.



Number 12 - “Eggs in one basket”. Only one source of income or resources. You usually don't want to have all your eggs in one basket, because you might lose that income or resource and then you won't have any at all.



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Number 13 - “Bring home the bacon”. What is 'bacon' in this idiom? It's money - making money for the household! Usually it's the man, but a lot of times these days, it's the woman!



Number 14 - “Count your chickens before they hatch”. This is when you're anticipating a return and counting on that before you know it will happen.



Food Idioms

And....Number 15 - “that’s the way the cookie crumbles”. That's just the way it goes sometimes ... can't always win. That's the way the cookie crumbles :)



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Okay, you guys ready? I'm going to read a paragraph with all of these idioms in it, and I want you to see if you remember what they are. Here we go.

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Food Idiom Paragraph

Food Idioms are a *piece of cake* with Laurel's Learning Lab! Do you know any food idioms right now? You may know more than you think, because you use them every day and don't even realize it! But don't *bite off more than you can chew*, just learn a few for now and use them in your conversations, and they will come more naturally to you! Or find a friend to practice with and you can be *two peas in a pod* and have fun learning together!

So now I am going to *spill the beans*. *In a nutshell*, food idioms are a way to make people laugh, or get hungry (just kidding)! Idioms are often figurative ways of saying things that you can't take literally. If you want to *go bananas* and learn all the idioms in this lesson, go for it! But don't compare *apples to oranges* – make sure you learn them correctly, so you don't get confused looks when you say the wrong thing :P Just be *cool as a cucumber* and keep your mind focused on the task at hand. You can be a *couch potato* later when you finish and want to relax.

Do you like to make money quickly or slowly? Maybe it's not your *cup of tea* to play in the stock market or take risks. People say you can't *have your cake and eat it too*! You may not want to put *all your eggs in one basket*. When you *bring home the bacon*, it's better to spread out your money/projects/stocks in separate places so you don't lose everything if one doesn't do well. It's also not a good idea to *count your chickens before they hatch* – you need to be reasonable about your expectations and expect that some will work out and some may not. That's the way the *cookie crumbles sometimes!* ☹

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Alright. so how many of those did you get?

Did you learn any new ones??

Write them down and start using them today!

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Original Food Idioms Video -

Here's the [original video](#) I did for Laurel's Learning Lab
on YouTube :)

If you want to learn more idioms or more about
English, you can connect with me on YouTube at
[#laurelslearninglab](#)
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To see what I do locally and beyond - check out CaryTutor
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